## Welcome to the Ohio Valley Conference Cross Country Championships

Saturday, October 15, 2022 Ironton Middle School 302 Delaware St. Ironton, OH 45638

Coaches please read the following instructions.

## <u>Schedule</u>

- 3:00 Course Open
- 3:30 Coaches Meeting Near the Finish Line
- 4:00 Senior Recognition
- 4:30 Middle School Girls
- 5:00 Middle School Boys
- 5:30 High School Girls
- 6:10 High School Boys
- 6:50 Awards Presentation

Additional information will be in your team packets.

- Buses please unload and park on the lower end of Delaware St.
- Please **no** team camps outside of the Athlete Village.
- Please note the time for senior recognition.
- Any additions to your roster need to be submitted to the finish line ASAP.
- Entries to be submitted via Baumspage by 10:00am on 10/14/22
- Contact: Tim Thomas: 740-646-3669 tim.thomas@tigertown.com